

“I sought for myself” said Heraclitus, one of the greatest philosophers in ancient Greece, in 520 B.C., then gave away his royal rights as firstborn son to his brother and dedicated himself to philosophy.

More current than ever is the meaning of his phrase nowadays, as we intensely seek for the knowledge of the world that surrounds us, yet **we ignore the Knowledge of the Self, of our self.**

As a result, our life has become complicated, stressful and relationships often add to the disappointment that there is no harmonious couple, there are no good human relationships.

Our Master, a contemporary philosopher, has brought – through a new scientific, holistic, panhuman way of thought – **a teaching on the Art of Living.**

Through **self observation, deepening into the Self** and **practical implementation** in our everyday life, we have worked for many years, step by step, on the aspects within ourselves, writing and filling dozens of folders with our essays and practicing relaxation and meditation on a daily basis, for every situation. **We healed ourselves** mostly from restrictions and we were led to the **simplification of meanings** and the **realization of the spirituality of the world.**

We invite you to be introduced to the Art of Living and Spiritual Healing, as it was taught to us and as we put it in practice every day in our life; to get to know each other and convey to you the **treasures of “the thought and stance of the Higher Mind”.**

The program of the day conference includes presentations and workshops on:

- The concept of **spirituality, spiritual healing** and **self-healing**
- **Self-observation**
- **Creative meditation**
- **Meditative relaxation**
- **Chorodromena** (ritual movements that balance the energies and forces in us and around us)

In addition, members of Omilos who are counselors/ psychotherapists will share their personal experience on how the teaching of Omilos helped them to develop resilience in their work and how it affected their approach to therapy, especially around building effective and humane therapeutic encounters with client/patients.

The main speaker is **Mr. Andreas Dritsas**, Head of the Society, spiritual healer with 30 years of experience and **a group of spiritual healers**, members of Omilos.

Omilos Eksipiretiton (the Servers’ Society) is a nonprofit organization founded in 1980 in Athens, Greece. It is a school of practical philosophy and spiritual healing. Since its foundation, it has offered and continues to offer a great work selflessly.

Please complete this booking form and send it to the following address:

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